



It's time for positive

# CHANGE

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## What is Your "Little L" Legacy and Why is it Important?

February, 2016

There are two types of legacies. Legacy with a capital L is your over-arching, lifetime Legacy. It's your overall impact--the thing that will be written on your headstone when you pass. While this type of legacy is important, it's not necessarily *the thing* you should concentrate on. Instead, focus on your legacy, with a little l, and you won't have to sweat the big L Legacy.



### What is legacy with a lowercase l?

This is what matters day-to-day. It's what you leave behind after every interaction, every smile, every time you hold the door open for someone or ask about someone's day. **Your "little l legacy" matters.** You can choose to treat others with respect and dignity. You can choose to avoid gossip, show interest in your co-workers, and provide a listening ear...or you can choose to be pessimistic, disrespectful, and belittling of others.

**Your daily choices make a huge impact on your life.** How will you present yourself today? When someone interacts with you, how do you want them to feel afterward? Keep your little l legacy in mind and your big L Legacy will fall into place.

Happy Valentines Month,

Margaret

## Thinking about your legacy

How do you start working toward your little I legacy? Here's an activity to get you started:

- **Set aside 10-15 minutes**; find a quiet space and get your pen and notebook ready.
- **Reflect** on your little I legacy. How do you want others to see you? How do you want to see yourself? What good qualities do you want to bring forward every day? Jot down a few goals.
- **Think about the present**. What are you currently doing to work on your legacy? What do you need to do? Jot down a few notes.
- Look at what you've written. **How can you reach your legacy goals?** What steps should you take?
- **Get started today!** Hang a legacy reminder over your desk, like this quote by Pericles:

*"What you leave behind is not what is engraved in stone monuments, but what is woven into the lives of others."*

## Coming Up...

Our next [Insights Deeper Discovery](#) workshop is April 8th!

Are you interested in learning more about legacy? Or self-exploration, team dynamics, leadership, and more? Details on the [Intentional Discovery website](#). If you're interested, please [Register Today!](#)

## Upcoming Workshops:

[April 8th](#)

[June 1st](#)

[October 13th](#)



## From the UXL Blog...



### Keep Curious, Improve Your Life

How does curiosity relate to career success?

READ ON!



### Finding Your “Wow” Factor

How to find your niche and let your light shine brightly.

READ ON!



### Selling Your “Wow” Factor

Get yourself out there! Sell your strengths to potential employers or clients.

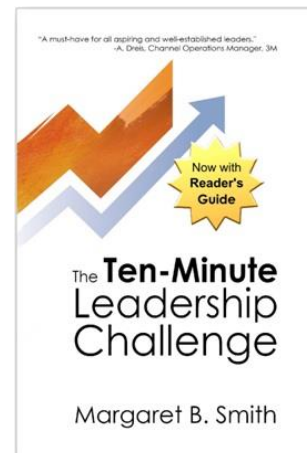
READ ON!



**UXL's mission** is to create leaders, promote positive change, and enable businesses and individuals to transform their dreams into reality. **Margaret Smith** is a career coach, speaker, author, licensed [Insights Discovery practitioner](#), and adjunct professor at St. Kate's University with 27 yrs experience as a Senior Leader for 3M. [Learn more about Margaret and UXL.](#)

**The Ten-Minute Leadership Challenge** is an instructive and interactive book meant to guide and motivate you to **achieve your full leadership potential**. Let this book be your constant companion as you learn **useful tips and gain valuable insights** to help you develop into a savvy business professional and a confident leader. Start your journey to success today. **Do you have ten minutes?**

[Click for more information on the Ten-Minute Leadership Challenge](#)





Margaret is the co-founder of the TAG team <http://www.tag-mn.com/>, a group of accomplished coaches that guide individuals and organizations to reach their peak. She runs TAG with acclaimed coach [Karen Kodzik](#).

Margaret is a licensed Insights Deeper Discovery practitioner. She guides individuals undergoing a transition through her program, [Intentional Discovery](#), co-founded with [Dr. Jean Davidson](#) (Davidson Consulting and Coaching).

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Date of actual consultation subject to availability.